

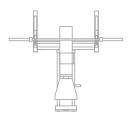
## Machine Weight

239 lbs. (108 kg).

## **BENCHES & RACKS**

## **3 WAY PRESS BENCH**

- Easily adjusts into 3 positions: Supine, 30 degree incline, 10 degree decline.
- 3-position seat and dual position foot rest to accommodate wide range of users for each exercise.
- Replaceable 3-position chromed bar catches with 6 plate holders standard.



Dimensions W: 65" (165 cm) L: 75" (190 cm) H: 56" (142 cm)



FRAME PAINT COLORS: SILVER SPARKLE GLOSS WHITE TEXTURED